



WORLD SOCIETY OF PERSON-CENTERED MEDICINE (WSPCM)

Honorary Permanent Fellowship of the co-founder prof. Paolo Garascia

Current roles and titles

- **Department:** Adolescentology; Person-Centered Medicine.
- **Chair:** Adolescentology (Cattedra Adolescentologia).
- **Academic distinctions:** MD, MA; **Licentia Docendi ad Honorem (LdH) 2025.**

Responsible for the clinical professional-development programs of the Italian Society of Adolescentology and Adolescent Medicine.

Dr. Garascia has been instrumental in developing academic structures that place the adolescent and the person at the center of clinical education and service delivery. His leadership has strengthened institutional curricula and clinical pathways that integrate developmental sensitivity with high standards of medical care.

Teaching, Clinical Practice, and Educational Innovation

Primary teaching responsibility

- **Course:** The doctor–adolescent relationship in the hospital (Il rapporto medico-adolescente in Ospedale).

Contributions

- Designs and delivers advanced curricula that combine emergency and general medical competence with counselling, communication, and developmental medicine tailored to adolescents.
- Promotes experiential learning, reflective practice, and supervised clinical encounters that train clinicians to balance technical decision-making with empathic, person-centered dialogue.
- Develops assessment and mentoring frameworks that cultivate relational competence in students and trainees, ensuring that clinical excellence is inseparable from respect for autonomy and dignity.

Clinical impact

- Integrates person-centered protocols into hospital practice for adolescents, improving patient experience, shared decision making, and continuity of care across inpatient and outpatient settings.

Alignment with WSPCM Principles

Dr. Garascia's work exemplifies the core values of the WSPCM:

- **Centrality of the person:** his teaching and clinical models prioritize the adolescent's voice, context, and rights.
- **Integration of science and humanism:** he combines rigorous clinical standards with counselling skills and ethical sensitivity.
- **Education and dissemination:** through chairs and formal courses he institutionalizes person-centered practice for future generations.
- **Advocacy for vulnerable populations:** his focus on adolescents advances equity, dignity, and respectful care in health systems.